

August Moves, Balboa x HQ Opening.

Underground Rave, Urban Surf @Hardbrücke & Street Parade.

HeadsQuarter community program with weekly insiders around music, art, culture and what happens in Zürich.

CW 31	01 Friday Tip of the week	1 August – Swiss National Day: Front Desk Closed Äms Fäscht - Bäckeranlage
CW 32	04 Monday 05 Tuesday 06 Wednesday Tip of the week	NEW: Balboa Gym 12.00 - 13.00 Pilates w/ Triana @Beethovenstr. 48 Lunch Flow Yoga 12.00 - 13.00 with Claudia @Talacker 41 5fl. NEW: Balboa Gym 12.00 - 13.00 Energia (High Intensity) w/ Florencia @Beethovenstr. 48 Maison Bon Vivant Parade au Lac – Boat Party @ Street Parade
CW 33	12 Tuesday 13 Wednesday 15 Friday Tip of the week	HQ RunClub 17.30 - 18.30 w/ Seb & Jo meeting point: Entrance Beethovenstr. 48 Community Brunch @All HeadsQuarter Spaces NEW: Balboa Gym 12.00 - 13.00 Kettlebell Skills w/ Tom @Beethovenstr. 48 Zürcher Theater Spektakel
CW 34	19 Tuesday 20 Wednesday 22 Friday Tip of the Week	Ride Out: Pedal Buddies 18.00 - 20.00 w/ Patrick meeting point: Talacker 41 parking Morning Yoga 8.15 - 9.00 w/ Claudia @Stockerstr.33 Urban Surf - Let's surf together @Hardbrücke. Limited spots available Zürich Openair
CW 35	27 Wednesday 27 Wednesday 28 Thursday Tip of the Week	It's back: Cycling 12.15 - 13.00 with Laura @Uraniastrasse 31 Lunch & Learn 12.15 - 12.00: Why EI Matter & how to train it @Talacker 41 5.fl HeadsQuarter x Balboa Opening & Underground Party Weltklasse Zürich

Monthly events in and around
your favorite workspace.



Event Details &
Registration

